
KINA 9.18: Intercollegiate Water Polo - Men

This course provides intercollegiate competition for male student athletes in water polo. Students are given the opportunity to develop water polo skills and demonstrate these skills in a match situation. These skills include offensive and defensive techniques, passing, blocking, and strategy. An overview of the rules of the game are included. Students are also given the opportunity to develop an increased level of cardiovascular fitness that will allow them to compete at the intercollegiate level.

Letter Grade, Pass/No Pass

Units: 3

Lecture Hours: 0, Lab Hours: 144 – 162

Prerequisites: None

Co-Requisites: None

Advisory: None

Transferable to both UC and CSU

WVC GE: Area A-8: Kinesiology

CSU GE: Area E - Lifelong Learning and Self Development